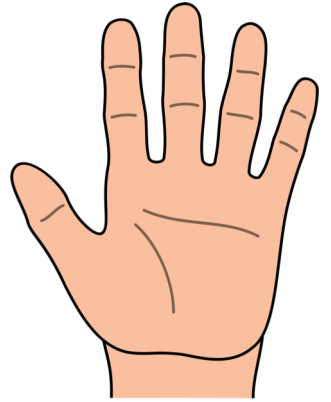


**WHAT IS YOUR LEARNING STYLE?** |

# IF YOU CIRCLED MOSTLY A'S, YOU ARE A TACTILE LEARNER



This means that you learn by doing or touching.

You remember things through physical movement and can easily remember things you have done.

You are a “hands-on” learner. You prefer to touch, move, build, or draw what you learn. You like to take things apart and put them back together again.

You often like doing science labs, role playing, building models, and reading adventure books.

You learn best when you are active and can take several breaks.

You often touch things and gesture with your hands when communicating with others.

You appreciate physical expressions of encouragement, such as a pat on the back or a high five.

# LEARNING STRATEGIES FOR THE TACTILE LEARNER

Participate in activities that involve touching, building, moving, or drawing.

When studying, try to do art projects, take walks, or act out stories.

If you are allowed, you can chew gum, walk around, or rock in a chair while reading or studying.

Use flashcards and arrange them in groups to show relationships between ideas.

Play memory games to learn material.

Trace words with your finger to learn spelling (finger spelling).

Take frequent breaks during reading or studying periods (frequent, but not long).

It's OK to tap a pencil, shake your foot, or hold on to something while learning.



# IF YOU CIRCLED MOSTLY B'S, YOU ARE A VISUAL LEARNER.

You learn by reading or seeing pictures.

You understand and remember things that you have seen.

You often picture what you're learning or hearing in your head.

You are usually neat and clean.

Closing your eyes helps you visualize or remember something.

You need a quiet space to study.

You understand charts and like using them to learn and study.



# LEARNING STRATEGIES FOR THE VISUAL LEARNER

Sit near the front of the classroom. (It won't mean you're the teacher's pet!)

Use flashcards to learn new words.

Try to visualize things that you hear or things that are read to you.

Take notes. Write down key words, ideas, or instructions and make an outline.

Color code your notes and outlines, highlight, circle, or underline important words or phrases

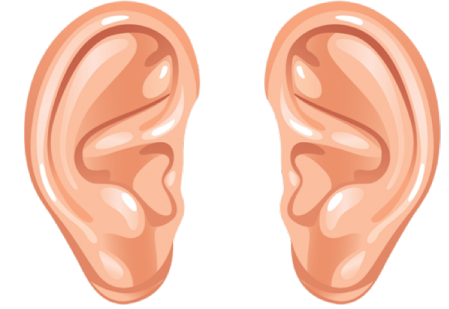
Draw pictures to help explain new concepts and then explain the pictures.

Color code things.

Avoid distractions during study times.



# IF YOU CIRCLED MOSTLY C'S, YOU ARE AN AUDITORY LEARNER.



You learn by hearing and listening.

You understand and remember things you have heard and remember the way things sound.

You have an easier time understanding spoken instructions than written ones.

You often read out loud because hearing and speaking it helps you learn it.

You often hum or talk to yourself when you are bored.

People may think you are not paying attention, even though you are hearing and understanding everything being said.

You like to participate in class discussions.

You enjoy working in groups.

# LEARNING STRATEGIES FOR THE AUDITORY LEARNER

Sit where you can hear your teacher and your classmates.

Use flashcards to learn new words; read them out loud.

Read stories, assignments, or directions out loud.

Record yourself spelling words and then listen to the recording.

Study new material by reading it out loud.

Record your teacher so you can listen to the lesson at home.

Study with classmates so you can discuss what you've learned.

