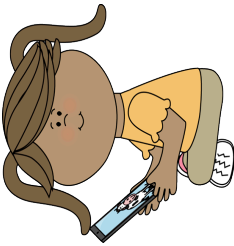


Name: ----- Date: -----

# When I'm Feeling Stressed.....

## Cut-Outs



Play on My Tablet



Break Stuff




Cry



Read a Book



Put Your Hands on Others



Draw a Picture



Yell or Scream



Do a Puzzle



Be Mean to Others



Nap or Rest