

[your school] **School Counseling Program**  
**Student Request for School Counselor**

Dear [your name],

Date: \_\_\_\_\_

I would like to talk with you about:

\_\_\_ my school work

\_\_\_ myself

\_\_\_ my family

\_\_\_ my class

\_\_\_ my friends

\_\_\_ something secret or private



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My name is \_\_\_\_\_

My teacher is \_\_\_\_\_

This:

\_\_\_ is an emergency

\_\_\_ is very important

\_\_\_ can wait

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